



Dare to Care Bully Prevention Resource List

Adults:

1. Sticks and Stones: Defeating the Culture of Bullying and Rediscovering the Power of Character and Empathy, by: Emily Bazelon (excellent updated information)
2. The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age, by: Catherine Steiner-Adair
3. **Asperkids: An Insider's Guide to Loving, Understanding and Teaching Children with Asperger Syndrome, by: Jennifer Cook O'Toole**
4. **Social Rules for Kids: The top 100 Social Rules Kids Need to Succeed**
5. **Perfect Targets: Asperger Syndrome and Bullying, by: Rebekah Heinrichs**
 - **Great reading for parents or teachers of children who need social skills support**
6. **Nobody Likes Me, Everybody Hates Me, by: Dr. Michele Borba**
 - **Great reading form parents or teacher of children with social skills deficits**
7. The Bully, The Bullied, and the Bystander, by: Barbara Colorosa
8. Cyber-Bullying: Issues and Solutions for the School, the Classroom, and Home, by: Shaheen Shariff
9. Girl Wars: 12 Strategies That Will End Female Bullying, by: Cheryl Dellasega
10. Queen Bees and Wannabes, by: Rosalind Wiseman
11. Odd Girl Out, by: Rachel Simmons
12. Real Boys, by Dr. William Pollack
13. Boys Adrift, by: Leonard Sax
14. Bullying at School: What We Know and What Can We Do, by: Dan Olweus
15. Bully Proofing Your School:Teacher's manual, by: Carla Garrity et al.*
16. Little Girls Can be Mean by Michelle Anthony **
17. Boys on Target: Raising Boys into Men of Courage and Compassion, by: Barry MacDonald
18. Smart Boys, by: Barb Kerr and Sanford Cohn

Teacher/Parent Books on Social Skills

19. Asperkids: An Insider's Guide to Loving, Understanding and Teaching Children with Asperger Syndrome, By: Jennifer Cook O'Toole
20. Social Rules for Kids: The top 100 Social Rules Kids Need to Succeed

21. Perfect Targets: Asperger Syndrome and Bullying, by: Rebekah Heinrichs
 - Great reading for parents or teachers of children with social skills deficits
22. Nobody Likes Me, Everybody Hates Me, by: Dr. Michele Borba
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K- Grade 3

1. The Hundred Dresses, by: Eleanor Estes
2. A Guide for Using The Hundred Dresses in the Classroom, by: Cheryl Russell
3. Recess Queen, by: Alex O'Neill
4. Just Kidding, by: Trudy Ludwig (boy issues)
5. My Secret Bully, by: Trudy Ludwig (girl issues)
6. Trouble Talk, by: Trudy Ludwig (rumors and gossip)
7. Sorry, by: Trudy Ludwig *
8. Stick and Stone, by: Beth Ferry
9. Stand Tall, Molly Lou Melon, by: Patty Lovell
10. I Walk With Vanessa: A Story About a Simple Act of Kindness - Kerascoet
11. Tattlin' Madeline, by: Carol Cummings
12. Don't Laugh At Me, by: Steve Seskin
13. One, by: Kathryn Otoshi
14. Stand Up!, by: Lisa Roth and Karen Siris
15. The Juice Box Bully: Empowering Kids to Stand Up for Others, by: Bob Sronson & Maria Dismondy

Grades 4-6

1. Bullies Are a Pain in the Brain, by: Trevor Romain
2. Letters to a Bullied Girl: messages of Healing and Hope, by: Olivia Gardner
3. Iggy's House, by: Judy Blume
4. Odd Girl Speaks Out, by: Rachel Simmons *
5. Smart Girl's Guide to Friendship (American Girl Series)
6. How to Stand Up for Yourself and Your Friends (American Girl Series)
5. Schooled, by: Gordon Korman * (Gr. 6 -8)
6. Confessions of a Former Bully, by: Trudy Ludwig
7. A Smart Girl's guide to Friendship Troubles, by: American Girl Series

Grades 7 – 12

1. The Lottery, by: Beth Goobie (novel for gr. 7-12)
2. Odd Girl Speaks Out, by: Rachel Simmons (Gr. 7 -12)
3. Bullies Are a Pain in the Brain, by: Trevor Romain (Gr. 7 -9)
4. The Cat's Eye, by: Margaret Atwood (Gr. 9- 12 novel)
5. Nineteen Minutes, by: Jodi Picoult (Gr. 9- 12 novel)
6. Schooled, by: Gordon Korman (Gr. 7-9)
7. Smart Girl's Guide to Friendship, (American Girl Series) (Gr. 7)
8. Egghead, by: Caroline Pignat (Grade 7-9)